Dear Swim Revers!

In line with ongoing Covid regulations, please note the following;

* The squad sessions will still be Monday evenings 8-9pm at Graves
* You will still have the same happy smiling faces coaching you from poolside!
* There will be 6 swim lanes as usual
* We will no longer be able to congregate in reception before or after the session.
* Please arrive no more than 5 minutes before the swim.
* We strongly recommend you arrive at Graves with your swim kit on so you can be ready to swim promptly.
* The session will finish at 9pm. Showers and changing facilities are available, but please make it quick!
* Please maintain social distancing when using changing rooms, showers and waiting on poolside.
* If you have your own swim aids, please bring these and make sure they are clearly marked with your name.
* In order to operate safely, we will continue using online bookings and payments.
* You must pre-book your place in the session on the Swim Revolution website www.swimrevolution.co.uk. Sessions can be booked up to 3 weeks in advance and up to 24 hours before the swim (8pm Sunday). We cannot accommodate ‘drop-ins’ on the night or cash payments.
* We have a limit to the number of swimmers that we can accommodate, so please make sure you book ahead to avoid disappointment!
* **Cancellations can be made until 24 hours before the swim (8pm Sunday). After this we are unable to offer refunds.**
* We will allocate swimmers to lanes before the session. When you arrive for your swim, we will sign you in and let you know your swim lane.

**Swim analysis**

If you would like a swim analysis, please see website for pricing information. To book a session, please email Matt@swimrevolution.co.uk and we can discuss this with you.

If you have any questions, please get in touch. If not, we hope to see you in the pool soon!

Best wishes

Jon, Matt and Jane